

EASTERN EDGE LEAGUE RULES

Eastern Edge Women's Hockey will observe standard Canadian Hockey Association (is this Hockey Canada) rules. Eastern Edge Women's Hockey rules below are intended to supplement CHA rules currently in effect.

EE RULES

This is a non-contact league. Body checking is absolutely prohibited in all Recreational League games.

There are no slap shots or snapshots (with the stick being drawn back) permitted. In the event of either, the play will be whistled dead immediately. If this occurs in the defending or neutral zone, the face-off will take place where the puck was shot. If it occurs in the attacking zone then the face-off will move outside to the nearest dot in the neutral zone.

In addition, there are two Eastern Edge League specific rules:

- No diving. Diving is defined as deliberately leaving your feet during the play and will result in a 2 minute penalty.
- Maximum of 3 goals per player per game.

GENERAL BEHAVIOR

Players and coaches:

Injurious actions by players to others and disrespect towards officials will not be tolerated.

Violations of the previous may constitute just cause for ejection from the league of any player without refund of fees paid.

Verbal abuse of game Officials, swearing, obscene gestures or other displays of anger by Coaching Staff will not be tolerated. Game Officials may impose appropriate penalties, as a result, of such behavior, and/or the league volunteer committee may eject coaches from league.

All EE players and coaches are required to foster a safe, healthy and positive environment, on and off the ice. All EE members will have respect for themselves and others, and be courteous to other players, officials, time keepers, coaches and rink staff. All members must ensure all communications, including social media posts, are respectful of EE hockey, the volunteer committee, other players, coaches, officials and rink staff. Any infractions regarding respect, bullying or misconduct as a member of the EE hockey, that directly effects the league either on or off the ice, will be subject to review by the volunteer committee and may involve ejection from a game or from the league without a refund of fees paid.

The following procedure will be followed in dealing with disciplinary complaints and infractions emanating from a game, other EE hockey functions or anything directly related to the running and/or organization of the EE league:

- 1) A verbal report to the team representative for consideration
- 2) A Written complaint will then be filed with the league volunteer committee
- 3) A review will be conducted by the league volunteer committee
- 4) All people involved will be provided with the opportunity to provide information and present their side of the case
- 5) Any league volunteer committee member directly involved in the situation (not including their role as team representative) will be removed from the disciplinary discussion
- 6) The league volunteer committee will issue a ruling before the next game for the player in question.

Organizational Issues

Each player must register and pay an annual fee. The fee includes, insurance coverage as provided by the Adult Safe Hockey League.

Each team will have a team representative. These representatives make up the league volunteer committee.

The team representative and/or coach will be responsible for enforcing the organizational rules

and addressing immediate concerns.

The league volunteer committee shall have the authority to appoint, reject and remove coaches, assistant coaches, team staff, timekeepers, scorekeepers or referees. The league volunteer committee shall have the authority to suspend or discipline any team staff, players or coaches for conduct prejudicial to the aims of the league.

The league volunteer committee may appoint coaches. All coaching staff must be registered/recorded by the league for insurance purposes. Only registered coaches will be permitted on the bench during games.

Officials

Two officials are appointed prior to each game and their decision on any matter is final.

"Fair Ice-Time"

Recreational Hockey strives to provide all players with approximately equal Ice- Time throughout an entire game regardless of skill levels. Injuries and penalties are an obvious exception to this rule; also, changing "on the fly" with inexperienced players can occasionally lead inadvertently to unequal ice-times. Coaches must try to rectify any accidental inequalities.

Mandatory Equipment

Each player must wear full CSA approved hockey equipment to all games and practices. All equipment must be worn properly (i.e. all helmet straps done up).

Mandatory equipment for this league that must be worn (goalies have their own list):

- Shoulder Pads, Elbow Pads and Shin Pads;
- Hockey pants with hip/thigh protection

- Hockey Gloves
- Hockey stick with wooden blade (no plastic blades)
- Jill strap
- Neck Protector (optional)
- CSA approved hockey helmet with full face shield, correctly fastened.
- Hockey skates

League Equipment

A common team jersey will be supplied by the league for each player by the first game of each season. All jerseys and socks remain the property of the Eastern Edge Women's Hockey League and must be returned at the end of season in good condition. Team jerseys and socks are to be worn only at games and team practices.

REPLACEMENT PLAYERS

Goalies

During the regular season, a team whose goalie will be missing may use any other goalie in the league, from the spare list, or may play one of their other players in the net (with full goal tending equipment).

During the playoffs a list of available goalies will be provided.

Other Players

Only players who are registered with the league and assigned to a team may play for it. If a player on any team is unable to continue with the rest of the season through injury or any other

reasons, the league volunteer committee may provide a permanent replacement by one of the players on the waiting list.

Refunds

A request for a refund must be done by email to one of the members of the league volunteer committee. The refund will take effect 10 days after notification and will be in the amount of \$15 per game. Refunds will not be issued after February 28th. Refunds will be made by cheque and will be sent out approximately one month after notification.

LOGISTICAL ISSUES

Game Format:

A team will require a minimum of six players and a goalie to play the game.

The games will consist of a 5 minute warm-up and three, 10-minute periods, all of which will be stop time.

When a team has 10 or more players in the game, you must play with at least 4 defence.

Delay of Game:

Any team which delays the start of a game by 2 minutes will be assessed a minor penalty for delay of game. If a team is not ready to play 10 minutes past the scheduled start time they will be given a loss by default

In the case of a game default, a game will be allowed to be played as exhibition, with players from other teams allowed to fill in for missing players

Penalties:

Minor penalties will be two minutes in duration. When a player incurs 3 minor penalties, she is eliminated from any further participation in that game.

Major penalties will be 5 minutes in duration.

A Game ejection can be assessed to a player at any time in a game for conduct which is deemed to be detrimental to the safety of the other players or conduct which would be deemed to be a travesty of the game.